

AETHELMEARC FALL AECADEMY and WAR COLLEGE CLASS GRID 2015

	Classroom 1 Youth Friendly	Classroom 2	Classroom 3	Classroom 4	Classroom 5	Classroom 6	Other Locations	Golden Chain On the Field
10:30	Medieval Children Series: Beginning Butter Making: Elizabeth and Isabelle von Halstern	Beginning Netting: Baroness Clarice Roan	Cabochons - How Are They Made?: Baron artemius andreas magnus	From Seeing to Sewing: Intro to Pattern Making: Lady Elena de la Palma	Documenting Homebrew. What Digby never told you.: THL Madoc Arundel	"Segja Hvaða?!" Insults in Old Norse-Icelandic Literature: Baron Fridrikr Tomasson	Finished Brewing? NO, Bread! A Use for Spent Grain Viscountess Lucilla Theresa de Courtenay: Pavilion 2 hours 10:30 Introduction to armouring: Lord Enzo de Pazzi Pavilion	Duke Timothy of Arindale Basic Sword and Heater, Beyond the Basic Shots, The Basics of Melee HRH Thomas Byron of Haverford Controlling the Fight Sir Delphinus of Ithaka Early period kits, and how to get them to look more SCA Count Isenwulf Thorolffsone
11:30	Making Felt Balls: Sisu the Strong		German Renaissance Accessories: Meisterin Fredeburg v on Katzenellenbogen	16th-Century Coif Make-and-Take: Lady Mairin O'Cadhla 2 hours	Finding an SCA name: Dame Elsbeth Anne Roth	Documentation: Form and Function: Mistress Odriana vander Brugghe	Une Pratique Sur les Angles - A Practice in Angles for Single Sword or Sword and Dagger: Countess Elena d'Artois Main Gym	Footwork: More than Just Moving Your Feet. Sir Vladimir Mechnik How's it Hanging, Your body and how your armour fits.
12:30	Marguerite Makes a Book- An Interactive Story: Lady Mairghread Stoibheard inghean ui Choinne	On Being a Signet: Baroness Alexandra dei campagnella	Food and Drink in Early Medieval Ireland: Master Cynwyl Mac Daire		Viking Art:Is it a Borre?: Lord Mael Daire Ua Duinn	Heavy Metal Embroidery: Finnish Style! Part 1: Duchess Siobhan	Cooking on a Fire for Beginners: Lady Margaret of Enniscorthy Pavilion Introduction to combat archery: Baron Friderich Swartzwalder Main Field	Sir Tristan Sexwulf Impromptu combat and/or philosophy class Sir Alonzio of the Peacemakers Leadership Duke Marcus Eisenwald Mentality: Path to overcoming doubts Duke Maynard von dem Steine Polearm HRM Magnus Tindal TBA
1:30	Beginning Stick Weaving: Thora the Destroyer	Musical Manuscript using Period Tools, Methods and Materials: Lady Mairghread Stoibheard inghean ui Choinne	Researching for a project and how to proceed: Mistress Gillian Lywellyn	Poisons and their Historical Uses: Lady Maggie Rue	To Be Well Red: Maitresse Marguerite d'Honfleur	Heavy Metal Embroidery: Finnish Style! Part 2: Duchess Siobhan	Becoming a Youth Combat Marshal: Mistress Arianna of Wynthrope Main Gym 2 hours	HRH Ariella of Thornbury Spear Count Andreas Morgan The left-handed fighter Duke Sven Gunnarsson Two hand sword fighting, incorporating a more medieval style to the weapon form.
2:30	Printmaking Made Easy (For all ages): Meisterin Fredeburg von Katzenellenbogen	The Ubiquitous Recorder: Master Remus Fletcher	Beginning Lampwork Bead Making: Lady Aranwen verch Rhys ap Gwalter 2 hours	Poisons/Medicines/Useful Plants in the Field: Lady Maggie Rue	What is a Perfectly Period Feast?: Mistress Odriana vander Brugghe	Judging an SCA Brewing Competition: THL Madoc Arundel	Constructing Commedia dell Arte Scenarios: Lady Luceta di Cosimo Cafeteria Stage Area	Knights VS. Unbelts
3:30	Write Like A Viking: Gróa arnarnef and Tiðfríðr Alfarinsdóttir	Moving Beyond Recorders – Crumhorn, Cornamuse and Kortholt: Master Remus Fletcher		Silk Banner Making: Baron Friderich Swartzwalder 2 hours	Wars of the Roses, a primer : Master Gille MacDhnuill			Unbelted Tournament
4:30		Nalbinding : Lady Saile O Ruairc	Of Charcoal and Lye: Elska Fjarfell	sink access will be in the custodial closet in the hall way	Brocaded Tablet Weaving: Baron Silvester Burchardt	Too Terrified to Teach? Riddikulus!: Mistress Alicia Langland		

Fall Aethelmearc AECademy Class Descriptions by Time

10:30am

**Classroom 1

Medieval Children Series: Beginning Butter Making (Elizabeth and Isabelle von Halstern)

This class is geared toward the youth track, but all ages are welcome. Come and join us to make butter. We will discuss the process and tools used in making butter. Everyone will have a chance to participate. Time: 1 Hour Level: Beginner **** Youth Track class**

**Classroom 2

Beginning Netting (Baroness Clarice Roan)

Learn the art of netting, a type of fiber work that can be used to make fishing nets or as finework to make lace. Time: 1 Hour Level: Beginner Fee: donations will be accepted towards supplies provided Class Size: 10

**Classroom 3

Cabochons - How Are They Made? (Baron artemius andreas magnus)

This class will go over the process and materials needed to cut and shape cabochons for jewelry or display. Period to modern tools will be discussed. Time: 1 Hour Level: Beginner

**Classroom 4

From Seeing to Sewing: Intro to Pattern Making (Lady Elena de la Palma)

Have you ever looked at a period painting and thought "Wow, that looks great!" only to have your heart immediately sink as you realize that you've got no idea where to start actually making the thing in the painting? This class will (hopefully) help with that by starting you down the wonderful rabbit-hole that is making your own patterns. Time: 1 Hour Level: Beginner

**Classroom 5

Documenting Homebrew. What Digby never told you. (THL Madoc Arundel)

How do you justify your brewing entry in a competition? There is documentation before Digby. Learn where to find period sources in the modern world. Time: 1 Hour Level: Beginner Student Supplies: May bring a computer or tablet to follow along electronically, but not required.

**Classroom 6

"Segja Hvaða?!" Insults in Old Norse-Icelandic Literature (Baron Fridrikr Tomasson)

An overview of the insult in Old Norse-Icelandic literature: its construction, purposes, & origins.

Time: 1 Hour Level: Beginner Student Supplies: An open mind & sense of humor. This class will include adult language & topics and is probably not safe for those under 18.

**Pavilion

Finished Brewing? NO, Bread! A Use for Spent Grain (Viscountess Lucilla Theresa de Courtenay)

Making bread using the leftover grain and barm from a batch of beer. The spent grain adds fiber and protein to your bread and the barm is leftover yeast to help your bread rise. Time: 1 Hour Level: Beginner

**Pavilion Field Side

Introduction to armouring (Lord Enzo de Pazzi)

Shire of Riversedge Class Coordinator: Mistress Marsi of Hadley swully@windstream.net

The class will go over the basic tools of armouring and construction of a 14th century spaulder using basic tools the average beginner would have access to. Time: 1 Hour Level: Beginner Class Size: 15

**Gymnasium: None

**Field: Golden Chain Classes

**Cafeteria : none

11:30am

**Classroom 1

Making Felt Balls (Sisu the Strong)

This class is designed with kids and fun in mind. Make your own period toy from wool felt. The instructor (age 8) and her mom will help you to make a useful and fun period felt ball that you can take with you to events far and wide. You will get wet and soapy in this class. Time: 1 Hour Level: Beginner Fee: \$2

Class Size: 10 **** Youth Track class**

**Classroom 2

None

**Classroom 3

German Renaissance Accessories (Meisterin Fredeburg von Katzenellenbogen)

An overview of dress accessories to complete your outfit, including hats, shirts, purses, and capelets (Gollar). Hands-on lesson in pleatwork (smocking) for shirts, chemises, and aprons is included. Patterns will be included in the handout. Time: 1 Hour Level: Intermediate Fee: none listed Class Size: supplies for 10 Student Supplies: Sewing supplies, especially scissors, if you have them.

**Classroom 4

16th-Century Coif Make-and-Take (Lady Mairin O'Cadhla)

A look at late Renaissance coifs and their basic construction. From a base pattern, we will take measurements to make a custom plain coif in class. Basic handsewing skills strongly recommended. Kit supplied with linen cloth, thread, needle, drawstring, base pattern, and handout. **Time: 2 Hours** Level: Beginner Fee: \$5.00 Class Size: 10

**Classroom 5

Finding an SCA name (Dame Elsbeth Anne Roth)

How do you choose a new name for yourself? This class looks at various ways of searching for a name suitable for the SCA time periods. Time: 1 Hour Level: Beginner Fee: none listed Class Size: none listed Student Supplies: None

**Classroom 6

Documentation: Form and Function (Mistress Odriana vander Brugghe)

Documentation can be the daunting part of entering a competition, but it doesn't have to be. We will discuss the components of documentation, why they matter, and why using a citation style matters. Time: 1 Hour Level: Beginner Class Size: 25 Student Supplies: notebook, pen/pencil

**Pavilion

CONTINUED... **Cracked Grain Bread Making (Viscountess Lucilla Theresa De Courtenay)**

**Gymnasium

Une Pratique Sur les Angles - A Practice in Angles for Single Sword or Sword and Dagger (Countess Elena d'Artois)

This is focused on changing sword, body, and hand angles to work around standard defenses. It also includes small changes in foot movements to show how that can influence the open areas in an opponent's guard. Time: 1 Hour Level: Intermediate Class Size: 15 Fee: Handouts will be provided
Student Supplies: Fencing armor, rapier - dagger is optional.

**Field: Golden Chain Classes

**Cafeteria: none

12:30pm

**Classroom 1

Marguerite Makes a Book- An Interactive Story (Lady Mairghread Stoibheard inghean ui Choinne)

Youth three years old and up are invited to re-enact the story of a young girl, Marguerite, who is a "secret" illuminator or maker of books in 15th Century Paris. Props and an improv script as well as sets will be provided. Come to the "marketplace" and "workshop" (called a scriptorium) in Paris, France, for some fun! Based on the tale "Marguerite Makes a Book." Time: 1 Hour Level: Beginner ****Youth Track class**

**Classroom 2

On Being a Signet (Baroness Alexandra dei campagnella)

Meet the Kingdom Signet -- the person responsible for assigning award scrolls to scribes -- and learn about what it means to be a Signet: duties & responsibilities, and how the Signet office is integral to courts and the Crown. Time: 1 Hour Level: Beginner Fee: none listed Class Size: none listed

**Classroom 3

Food and Drink in Early Medieval Ireland (Master Cynwyl Mac Daire)

So, what did people eat in Ireland? Not potatoes! They did have a wide variety of foods available to eat. Perfect for anyone who wants an Irish feast! Time: 1 Hour Level: Beginner Class Size: 15 Student Supplies: none

**Classroom 4

CONTINUED...**16th-Century Coif Make-and-Take (Lady Mairin O'Cadhla)**

**Classroom 5

Viking Art: Is it a Borre? (Lord Mael Daire Ua Duinn)

A basic overview lecture of the 6 main Viking art periods. My hope is that students will become better at recognizing different styles. Time: 1 Hour Level: Beginner Class Size: 25 Student Supplies: notebook

**Classroom 6

Heavy Metal Embroidery: Finnish Style! Part 1 (Duchess Siobhan)

I will give a brief history about Finnish Iron Age bronze spirals and how they were worn in ancient Finland. Time: 1 Hour Level: Beginner Fee: None Class Size: None.
Student Supplies: None.

Pavilion

Cooking on a Fire for Beginners (Lady Margaret of Enniscorthy)

This class will cover the basics necessary for a beginner cook to safely prepare a delicious period meal in a pot. Hands-on outside, so be prepared for whatever the weather will be. Time: 1 Hour Level: Beginner Class Size: 15

**Gymnasium: none

**Field: Golden Chain Classes

Baron Friderich Swartzwald--Introduction to combat archery (Main Field)

Learn the basics of combat archery: what you need to get on the field, the rules, where to get equipment, and basic tactics. Time: 1 Hour Level: Beginner

**Cafeteria: None

1:30pm

**Classroom 1

Beginning Stick Weaving (Thora the Destroyer)

In this class students will learn a simple style of hand-held weaving that has been in practice since the Neolithic age. Adults and youth are welcome to attend this basic class. As the instructor is a youth, this is an excellent choice for a class to bring your children to so that you may learn together. Time: 1 Hour Level: Beginner Fee: \$6 Class Size: 10 Student Supplies: If you have a favorite wool yarn, bring your own yarn for a \$3 reduction in the class fee. **** Youth Track class**

**Classroom 2

Musical Manuscript using Period Tools, Methods and Materials (Lady Mairghread Stoibheard inghean ui Choinne)

For the Anno Societatis 50 Artisan's Challenge I chose to prepare a later period medieval musical manuscript page (folio) with illumination and musical notation. The "scroll" was prepared in the period style using period materials, methods and tools whenever feasible. After choosing an exemplar, a digital reproduction of high quality provided by the museum

(University of Montpellier, France) holding the original was examined as closely as possible using a magnifying glass and making detailed notes. While constantly consulting references listed as well as society Laurels and Grant-level award recipient, the following was taken into consideration: page layout, calligraphy hand, musical notation and layout, illuminated figures and other decoration (materials and pigments, techniques used for modeling and brushwork, the iconography (subject, composition, symbology) and style), as well as the relationship between text and images. Latin text was transcribed. I found recordings of “Deus in Aujitorium” and listening to the recordings of the exemplar motet before and during preparation of the project, as well as making the recordings available during the Artisan Challenge sessions at events, enhanced the creative process. Time: 1 Hour Level: Intermediate

**Classroom 3

Researching for a project and how to proceed (Mistress Gillian Lywellyn)

A discussion of a research project from start to finish and how to proceed with an idea. Time: 1 Hour Level: Beginner Class Size: 10

**Classroom 4

Poisons and their Historical Uses (Lady Maggie Rue)

A discussion of the poisons used on purpose in the past. Time: 1 Hour Level: Beginner
Class Size: My voice carries. Fill the room.

**Classroom 5

To Be Well Red (Maitresse Marguerite d'Honfleur)

In the 16th-century, why was red cloth so desirable (and expensive)? And what made it red? Come learn the fascinating answers to these seemingly simple questions as we explore the various ways that fabric available in the 16th century was dyed the very fashionable color of red. Time: 1 Hour Level: Beginner Fee:\$1 handout fee

**Classroom 6

Heavy Metal Embroidery: Finnish Style! Part 2 (Duchess Siobhan)

I will talk about how I have created my Finnish Iron Age bronze spiral aprons and allow for some hands-on experience creating a pattern for yourself. Time: 1 Hour Level: Beginner Fee: \$ 5.00 (includes pattern, 220 spiral beads, curved needle Class Size: 5 to participate but unlimited for those who would like to watch

**Pavilion: none

**Gymnasium

Becoming a Youth Combat Marshal (Mistress Arianna of Wynthrope)

Description: Have you ever wished your group had a Youth Combat program? Why not start one yourself? You do not need fighting experience to be a youth marshal! We'll look at all of the elements of running a youth combat program, including developing a supply of loaner equipment, recruiting youth fighters, building youth weapons, training techniques, performing inspections and authorizations, and running fighting practices, tourneys, and melees. Experienced youth fighters will be present to give students hands-on practice marshaling. Time: 2 Hours Level: Beginner Fee: \$7 if you wish to build a youth combat sword; Class Size: 12

**Field: Golden Chain Classes

**Cafeteria: none

2:30pm

**Classroom 1

Printmaking Made Easy (For all ages) (Meisterin Fredeburg von Katzenellenbogen)

Do you want to blockprint fabric but the thought of carving a block intimidates you? Can you use a scissor? Then this class is for you. We will make blocks for printing using modern techniques and print them for a medieval look. Time: 1 Hour Level: Beginner Fee: \$1 Class Size: materials for 10 **** Youth-friendly class**

**Classroom 2

The Ubiquitous Recorder (Master Remus Fletcher)

A glorified whistle, the Recorder is probably the most common musical instrument on the planet. Many schools use the recorder as the first instrument to introduce second and third graders to music. Due to its availability, the Recorder is the most common instrument used in the SCA. Learn more about this commonly maligned instrument. Should you buy a

plastic or wooden instrument? Did you know they come in various sizes? Did you know that the Recorder was modified in the Baroque period to expand its range? How does it compare to the Renaissance instrument? Explore some instruments from the instructor's collection. Have a Recorder? Bring it along! If there is enough interest, the class will play a few simple songs.

Time: 1 Hour Level: Beginner Student Supplies: Recorder and music stand if you have one

**Classroom 3

Beginning Lampwork Bead Making (Lady Aranwen verch Rhys ap Gwalter)

Class will go over beadmaking safety set up and basic beads such as making the round bead, pulling stringers, dots, and adding lines. This will be a limited hands on class. Those who would like to make a bead will be able to do so. A handout will be provided. Time: 2 Hours Level: Beginner Fee: Donations to cover the cost of materials would be great Class Size: 5 to 10 Student Supplies: No loose clothing. Long hair will need to be tied back.

**Classroom 4

Poisons/Medicines/Useful Plants in the Field (Lady Maggie Rue)

I will find you as many useful, medicinal, or poisonous plants as I can, bringing those I feel may not be in the area. Can be held indoors with some extra picking/prepping.

Time: 1 Hour Level: Beginner

Class Size: Whatever Student Supplies: Notebooks, cameras

**Classroom 5

What is a Perfectly Period Feast? (Mistress Odriana vander Brugghe)

Everyone has experienced it, that moment at an event where the modern world just melts away and you are completely surrounded by and enfolded in another time and place. Creating an environment where it's easier for this to happen is part of what each of us strive for – from our clothing to our feast gear to the décor of the location of the event. The Perfectly Period Feast Project strives to create as authentic an environment as possible by focusing on a complete re-creation of a feast in a specific time and place. In February of 2017, the Barony Marche of the Debatable Lands is hosting the first East Coast version of the Perfectly Period Feast. This class will talk about what a Perfectly Period Feast is and give potential participants details about the planning and execution of this event. Time: 1 Hour Level: Beginner Student Supplies: Something to write with and on.

**Classroom 6

Judging an SCA Brewing Competition (THL Madoc Arundel)

Judging homebrew in the SCA is not like judging in the mundane world. It also has little to do with whether or not someone likes a particular beverage. Learn the finer points of both active and blind judging in an SCA brewing competition. Must be 21 years of age. Time: 2 Hours Level: Intermediate Class Size: 8 Student Supplies: Pen and Photo ID

**Pavilion: none

**Gymnasium

CONTINUED... **Becoming a Youth Combat Marshal (Mistress Arianna of Wynthrope)**

**Field: Golden Chain Classes

**Cafeteria

Constructing Commedia dell Arte Scenarios (Lady Luceta di Cosimo)

We will go over the basic blocks of period Commedia scenarios, and learn how to put them together to construct a period plausible scenario for an improvised performance. Basic familiarity with Commedia dell Arte is helpful, but not required. Time: 1 Hour Level: Intermediate

3:30pm

**Classroom 1

Write Like A Viking (Gróa arnarnef and Tíðfríðr Alfarinsdóttir)

An introduction to Norse runes (the “Younger Futhark”). Participants will learn principles for reading and writing runic inscriptions and will have the opportunity to practice writing in runes. Younger gentles welcome; youth activities will be available along with more in-depth historic information for adults.

Student Supplies: Optional for adults and supervised youth: knife for carving runes in wood. Time: 1 Hour

Level: Beginner Class Size: 20 **** Youth-friendly class**

****Classroom 2**

Moving Beyond Recorders – Crumhorn, Cornamuse and Kortholt (Master Remus Fletcher)

The Recorder is the “Gateway Drug” of Renaissance musical instruments. Most modern Renaissance woodwinds use standard Recorder fingerings. Move beyond the Recorder and try something different. Some of the most distinctive sounds of Renaissance music is produced by the “Buzzies,” the family of capped double reeds. The double reed is covered by a windcap and the player blows into a mouthpiece. The instructor will have a limited number of instruments for you to try. If there is enough interest, the class will play a few simple songs. Don't play an instrument? Come listen and ask questions. Time: 1 Hour Level: Beginner Student Supplies: An instrument if you have one and a music stand

****Classroom 3**

CONTINUED... Beginning Lampwork Bead Making (Lady Aranwen verch Rhys ap Gwalter)

****Classroom 4**

Silk Banner Making (Baron Friderich Swartzwalder)

Learn how to make a silk banner. Participants will leave with a 10"x10" silk banner. You will learn the techniques, common mistakes, and equipment needed to make silk banners. The differences between period banner construction and this common technique used for SCA banners will also be addressed. Time: 2 Hours Level: Beginner Fee: \$5 Class Size: 10 participants (observers welcome) Student Supplies: 10"x10" design you want to make into a banner. A coloring book-style, outline drawing works best.

****Classroom 5**

Wars of the Roses, a primer (Master Gille MacDhnuill)

30 years of battles, executions, betrayals, fleeing to foreign countries, 4 kings, a Queen consort and more arranged marriages than can be easily counted combine to produce a confusing array of events that we summarize as the "Wars of the Roses." This one-hour lecture will serve as an introduction to the people and events in England in the second half of the 15th century. Time: 1 Hour Level: Beginner

****Classroom 6**

CONTINUED... Judging an SCA Brewing Competition (THL Madoc Arundel)

****Pavilion: none**

****Gymnasium: none**

****Field: Golden Chain Classes**

****Cafeteria: none**

4:30pm

**Classroom 1

None

**Classroom 2

Nalbinding (Lady Saille O Ruairc)

Basic nalbinding techniques, including beginning chain, splicing, and turning, using either Mammen and Oslo stitches. Time: 1 Hour Level: Beginner Class Size: 6 Student Supplies: Wool yarn, tapestry or nalbinding needle

**Classroom 3

Of Charcoal and Lye (Elska Fjarfell)

Learn how to make charcoal in an open fire, including drawing stick charcoal and charcoal for pure ashes. Learn the how and why of leaching ashes to make lye for soap making based on medieval soap recipes and techniques. Time: 1 Hour Level: Beginner Class Size: 20 Student Supplies: pen and paper

**Classroom 4

CONTINUED... **Silk Banner Making (Baron Friderich Swartzwalder)**

**Classroom 5

Brocaded Tablet Weaving (Baron Silvester Burchardt)

An introduction to brocaded tablet woven bands. Time: 1 Hour Level: Intermediate Student Supplies: Any in-progress tablet or inkle weaving project, something with no pattern is better.

**Classroom 6

Too Terrified to Teach? Riddikulus! (Mistress Alicia Langland)

Many would-be teachers in the SCA do not teach because they are too nervous. This class will help you banish your teaching boggarts. (Boggarts are creatures that assume the form of whatever you fear the most.) Together, we will practice confronting the things that make teaching scary. Suitable for those who would like to improve their classes, as well as those who have never taught but want to. Instructor has 25+ years of classroom experience. Time: 1 Hour Level: Beginner Class Size: 20 Student Supplies: Note-taking supplies

**Pavilion: none

**Gymnasium: none

**Field: Golden Chain Classes

**Cafeteria: none